



ITALY, MONACO & FRANCE!

An Exclusive Garden Journey with Garden Time

September 14 - 26, 2019

"Some spots are the cradle of genius. Provence is one."
Lawrence Durrell

Join Garden Time hosts Judy Alleruzzo and William McClenathan and fellow guests for a garden lover's in-depth exploration of the Italian Lake District, Monaco, the French Riviera and Provence.

Your garden adventure commences in Varenna, Italy, on beautiful Lake Como, where you will spend two days visiting stunning gardens and their accompanying gorgeous lakeside villas. On our way to Menton, we will visit the Italianate garden at Isola Bella on Lake Maggiore. Menton is our home for three nights as we explore the garden gems on the French Riviera, including the Jardin Exotique of Monaco and Lawrence Johnston's (Hidcote Manor) Jardin Serre de la Madone. Provence is next; via the charming university town of Aix, we make our way to Arles, one of Van Gogh's homes in Provence, our home for the next four nights. From Arles we will explore the surrounding area, visiting the markets and private gardens, including La Louve, a contemporary garden in the Luberon region, created in 1986 by Hermes textile designer, Nicole de Vesian. Join Garden Time to savor the beauty these dazzling regions offer: lush gardens, delicious food and wine, colorful villages and Roman architecture.



Earthbound Expeditions

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YOUR JOURNEY AT A GLANCE

3 Nights Varenna, on Lake Como, Italy's Lake District
3 Nights Menton, French Riviera
4 Nights Arles, Heart of Provence
2 Nights Nice, Côte d'Azur



INSIDER EXPERIENCES

Stunning villas and gardens of Lake Como with a local guide ♦ Isola Bella on Lake Maggiore ♦ Hanbury Botanical Gardens ♦ Jardin Serre de la Madone and Close du Peyronnet, Menton ♦ Villa Ephrussi de Rothschild, St Jean Cap Ferrat ♦ Visits and tours of private & public gardens of Provence ♦ Colorful Provençal markets ♦ Wine tasting ♦ The Roman arena of Arles ♦ Traditional dining in cafés and bistros

IT'S INCLUDED

- With Garden Time hosts Judy Alleruzzo and William McClenathan
- Entrance fees and guided visits of multiple gardens
(see back page of this itinerary for details)
- Guided by an Earthbound Expeditions expert bi-lingual guide
- Twelve nights of accommodations in charming, superior 3 and 4 hotels
- Transport by private air-conditioned coach
- Porterage bag service at hotels
- All breakfasts plus 11 additional meals featuring regional specialties
- Wine and hors d'oeuvres happy hour with your garden hosts
- Entrances to sights and tours led by knowledgeable guides
- Outings to a village market, Roman ruins of Arles, St Paul Mausole
- Wine tasting in Provence
- Gratuities for your drivers and Earthbound guide

TRIP FACTS

13 Days/ 12 Nights

\$4,995 per person based on double occupancy Land Package only

\$1,195 Single Supplement (waived if you are willing to share and a roommate is found)

Journey begins in Varenna on Lake Como at 6:00pm on September 14, 2019

Journey ends in Nice after breakfast on September 26

SAVE 250! Pay your final balance by check and save \$100 ♦ Travel alumni always save \$100 ♦ Reserve before January 1, 2019 and save \$50



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“Won't you come into the garden? I would like my roses to see you.”
Richard Brinsley Sheridan

Your Garden Time Adventure Begins...

DAY 0:

Depart the USA for Bella Italia

Today say “arrivederci” to the USA and make your way to Italy’s majestic Lake District.

DAY 1: Saturday, September 14 - Buongiorno! Meet in Bella Italia on the Shores of Lake Como: Many identify the Lake District as Italy’s most beautiful region and Lake Como certainly is a wonderful place to start our garden journey. Take some time to enjoy the rich atmosphere of this northern Italian gem. Upon arrival, you may wish to tour the gardens of your Monastery Hotel, the Villa Cipressi! Next door you’ll find another gorgeous garden called the Villa Monastero. Meet your Garden Time guide and hosts Judy and William this evening for a welcome orientation and multi-course dinner.

Sleep in Varenna at the Villa Cipressi (D)

DAY 2: Sunday September 15 - Stunning Gardens and Villas

Today we will set out to discover some of Italy’s most beautiful gardens. Joined by a local Italian guide and traveling by small ferry, we’ll visit the Villa Balbianello, a renaissance villa so spectacularly situated, it has figured in many Hollywood films. We’ll tour both the residence and its famous terraced gardens.



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Next on our agenda: the Villa Melzi. Known as the “Pearl of Lake Como” this residence was built in the Neo-classical style and boasts gardens commissioned to Luigi Canonica and the agronomist Luigi Villoresi. The gardens are filled with exotic trees, as was the custom for the time period, as well as Egyptian and Roman statues, which add to the romantic atmosphere of the garden. Stay on in the garden, or join the group to return by public ferry to your hotel. *Sleep in Varenna (B, L)*

DAY 3: Monday, September 16 - The Famed Villa Carlotta Gardens

Today we set out to explore the gorgeous gardens of Villa Carlotta. With its magnificent botanical garden and art masterpieces, the 70,000 square meters of gardens and museum will certainly be a highlight of your stay on Lake Como. The beautiful villa was built at the end of 17th century by the Milanese marquis Giorgio Clerici in a natural basin between lake and mountains, facing the dolomite Grignas and the peninsula of Bellagio. *The Last Kiss of Romeo and Juliet* is only one of the masterpieces in this extraordinary collection.

There are old varieties of camellias, century old cedars and sequoias, tropical plants, a rock garden and fern valley, rhododendrons and bamboo garden, an agricultural tools museum and, of course, the sweeping views of Lake Como.

Enjoy a free afternoon ferry hopping on Lake Como. You may wish to return to Bellagio or hop the ferry and enjoy lunch in Menaggio. *An optional cooking class will be offered this day.* *Sleep in Varenna (B)*



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DAY 4: Tuesday, September 17 - “Bonjour la France!” Isola Bella and Menton, France
After an early breakfast, we say “arrivederci” to Lake Como and head to Lake Maggiore. The stunning Isola Bella is one of the Borromean islands located on Lake Maggiore and is comprised of a Palace, Italianate gardens and a fishing village. We’ll take a boat over and tour the Borromeo Palazzo and glorious gardens, have some time for lunch, then re-board our coach and head to France.

Located in Europe’s mildest climate and sheltered by the high Maritime Alps, orange and lemon trees bloom here even in winter. (It is said that Menton’s first lemons were planted by Eve.) Picture-postcard pretty and with year-round seaside sunshine, Menton is where the British inadvertently invented the French Riviera. When the widowed monarch Queen Victoria arrived in 1882, the city already boasted 5,000 British residents busy building mansions and planting tropical gardens. Enjoy a stroll on the promenade and relax in your beautiful surroundings. *Sleep in Menton (B, L)*

MENTON, FRANCE

“Ville des Jardins”

“My city is a garden” - The slogan for the city was not chosen at random. With an exceptionally mild climate and 316 days of sunshine a year, Menton is a paradise for botanists who have acclimatized exotic plants from far away destinations.

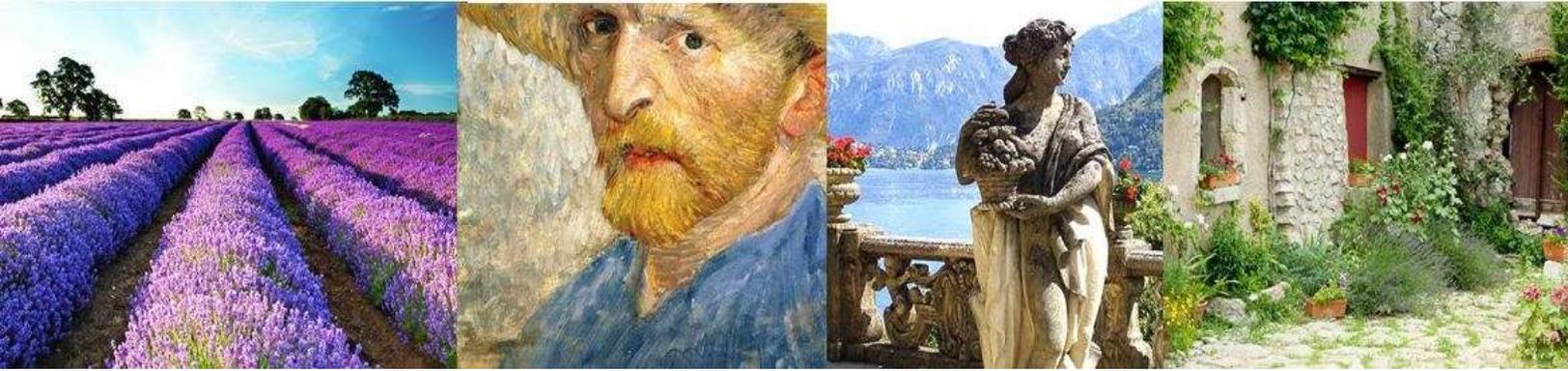


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DAY 5: Wednesday, September 18 - The Gardens of Menton

This morning we depart for the nearby Clos du Peyronnet, a garden privately owned by the Waterfield Family. Next, we'll make a short drive to the Jardin Serre de la Madone (Hill of the Madonna). Started as a winter garden by Lawrence Johnston, (Hidcote Manor in England), the Serre de la Madone was purchased after his death by several passionate groups who have joined forces to restore and revitalize it as an international center for rare plant enthusiasts.

After lunch together in Menton, we'll briefly cross back over the border to Italy in order to visit the Hanbury Botanical Gardens, a UNESCO heritage site which was created in 1867 by a young Englishman, Thomas Hanbury, primarily for a place to do botanical experimentation. It is now operated by the University of Genoa.

After our visit, we'll be back to our seaside hotel in France in time for an independent dinner. *Sleep in Menton (B, L)*

DAY 6: Thursday, September 19 - An Outing to Glamorous Monaco

After a morning garden visit in Menton we are off to the regal principality of Monaco. With an area of just 0.78 sq miles and a population of 36,371, Monaco is the second smallest and the most densely populated country in the world. Prince Albert of Monaco resides in the 12th century Palace of Monaco along with his family as the Grimaldis have done for the last seven centuries.

Delighting all of the senses, the spectacular gardens of Monaco offer everything from lush, flowering rose bushes and exotic cacti to serene Japanese landscapes. Unique plants of native and foreign origin dot the Principality - from the casino terraces to the median strips along the esplanades - in a panorama of carefully tended and stunning displays. From the hill where the palace is perched, you can soak up the fantastic views of the bay and the high-rises of Monte Carlo. We'll stroll through the Exotic Gardens and the Observation Cave. We'll pay our respects to Princess Grace before returning to Menton.

Sleep in Menton (B, L)



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Sleep in Arles (B, D)

DAY 7: Friday, September 20 - West to Arles via St Jean Cap

Ferrat: This morning, we'll drive west along the magnificent coastline of the Côte d'Azur to Beatrice Ephrussi de Rothschild's dazzling villa and gardens. Laid out as a series of 'rooms': Spanish, Florentine, Japanese and Provençal, the garden is a delight to see. Set in front of the villa is a formal French water garden, which leads up to a temple surrounded by Aleppo pines. The villa interiors contain the original Ephrussi furnishings, paintings and collections, which can all be viewed. We'll have time to tour the gardens and have an audio tour of the interior before we make our way to Arles.

DAY 8: Saturday, September 21 - A Day in Arles: Saturday Market

Saturday is market day in Arles. Enjoy endless rows of stalls packed with colorful Provençal fabrics, cheese and olive oils. After, join your guide and group in the late morning for an in-depth walking tour of Arles. A gem of Provençal history, ancient Arles, with its seven UNESCO World Heritage monuments and sites, has been an inspiration to artists such as Picasso and Van Gogh. Enjoy lunch together. Then you'll have the afternoon free to relax or further explore this ancient Roman town. *Sleep in Arles (B, L)* Note: Don't miss the Picasso Museum and Roman history museum!



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“If you truly love Nature, you will find beauty everywhere.”

Van Gogh



DAY 9: Sunday, September 22 - A day with Van Gogh, St Paul Mausole and St Rémy Today we head into the scenic countryside to the peaceful St Paul Mausole, a veritable masterpiece of Provençal Romanesque art, built in the neighborhood of the Gallo-Roman site of Glanum. The covered walk of the cloister frames a lovely little garden. This is the famous asylum where Vincent Van Gogh spent time resting and painting, and is still a psychiatric institution today, which encourages therapy through art. You may glimpse some irises and other frequent subjects of Van Gogh's paintings on the grounds here. We return to Arles for a free evening and independent dinner. *Sleep in Arles (B, L)*

DAY 10: Monday, September 23 - A Day in the Luberon

Start the day off with a stop at the colorful outdoor market of Gordes, followed by a visit to the lovely private garden of La Louve in the town of Bonnieux. La Louve was created beginning in 1986 by Nicole de Vesian, Hermes textile designer and is classified as one of the Notable Gardens of France. After lunch in a Provençal village, we return to Arles. *Sleep in Arles (B, L)*

DAY 11: Tuesday, September 24 - To Nice via Aix-en-Provence

Aix-en-Provence and the town is also the birthplace of Paul Cézanne. Cézanne, who spent most of his life in Provence, was 42 years older than Picasso, and never met his disciple. It was Cézanne's work that inspired Picasso. Picasso made no secret of the debt. "Cézanne is the father of us all," he said soon after the French painter's death, in 1906. It was a relationship that revolutionized modern art. Time-permitting, a visit could be made to "Atelier Cézanne," the artist's studio. In the afternoon we'll our way to the beautiful Côte D'Azur. *Sleep in Nice (B, L)*

DAY 12: Wednesday, September 25- A Day of Leisure in Nice

Enjoy a relaxing day in Nice. Visit the charming Old Town and flower market. Investigate the works of Picasso's rival, Matisse at the fine Matisse Museum. Visit the Marc Chagall museum. Or, head for the hills and visit the town of St Paul-de-Vence to view more of Matisse's work in the stunning Chapelle du Rosaire. Meet your hosts this evening for a farewell feast. *Sleep in Nice (B, L)*



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DAY 13: Thursday, September 26 - Your Journey Culminates in Nice

Your garden journey concludes this morning after breakfast in Nice. Return home with a lifetime of memories!

If you have the time, you may consider extending your vacation in Nice or taking the high speed train to Paris for a few days in the City of Light!

Bon Voyage!



Meet Your French – Italian Guide

Monsieur Thibault Martin (pictured here at the Pont du Gard in Provence) specializes in French culture, history, food and wine and has guided tours in the South of France for over 10 years. His indepth knowledge of everything French and his sense of humor makes Tibo an ideal travel guide and companion. Tibo and his wife Marie also run a charming B&B in Aix-en-Provence that is housed in a historic 17th century mansion.



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YOUR GARDEN TIME HOSTS



Judy Alleruzzo, co-host of Garden Time

Judy currently works for Al's Garden Centers as the perennial plant buyer and the houseplant buyer. She has been with the Garden Time show for all 12 seasons. Living in Chicago most of her life, she came to Portland a little over 20 years ago and was awed by the colorful landscape she saw. By the time the rainy season came it was too late, she was smitten.

Needing a job, she was lucky to walk into Al's Garden Center and get a job as a cashier. She has a Horticulture degree but had never really used all that knowledge until she began working at Al's. Working for what was a small company at the time, she learned many different jobs and ended up learning to plan and buy perennials for the growing facility and the retail stores. It has been a fun and rewarding career at Al's as they have grown to four retail stores and doubled their growing facility.

A few years ago, she said yes to becoming the houseplant buyer. It was a challenging job to learn a whole other palette of plants. Many years ago she had worked for a plant rental company in Chicago. Buying perennials and houseplants may seem like an odd mix, but she loves all kinds of plants and looks forward to combining these two groups of plants more and more in the years to come.

Being involved in Garden Time allows her even more opportunities to meet local gardeners and get their input on their favorite plants, which makes her job at Al's even more rewarding.



William McClenathan, co-host of Garden Time

William's earliest memories as a child are in the garden, walking down a small brick pathway with moss rose on either side, at his grandparents' home in Pampa, Texas. Both sets of his grandparents were avid gardeners and so he received his passion for plants from them at a very early age.

Even though his career path is now in the gardening industry, his first college degree was in Theology, followed by opera studies at Portland State.

He began his career in this industry at a well-known nursery in a north Dallas, Texas suburb. He opened up his own small retail and wholesale nursery for a few years after that. He eventually ended up in Ft. Lauderdale, Florida, where he worked as General Manager for a company that grew roses for tropical climates. After a couple of years, his parents fell prey to cancer (mother) and Alzheimer's (father) so he moved to Portland to take care of them. While attending Portland State University, he worked at Portland Nursery on Stark Street as a seasonal employee. He later worked at the Division Street location as color buyer and Asst. Manager, and then as Store Director. He also had his own nursery, Viscaya Gardens and Nursery for a couple of years. Most recently he was the Store Manager for Drake's 7 Dees and is currently a nursery consultant. Nothing brings him more satisfaction than to educate people about gardening and attract new fans to this great hobby and lifestyle.



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ABOUT THE GARDENS

Villa Cipriessi (Varenna, Italy)

Villa Cipriessi is a series of buildings and gardens of great historical interest built principally between 1400 and 1800. Also a hotel, the property has hosted a number of members of the European elite, including Emperor Ferdinand I of Austria and his family and a number of Nobel laureates. In 1980 it was bought by voluntary public subscription by the “People and Friends of Varenna” and now it is run by a private association of volunteers who ensure, over and above everything else, that it participates in the prestigious international cultural manifestations which take place at the nearby Villa Monastero.

Villa Melzi (Bellagio, Italy)

On the lakeshore in Bellagio, this villa was built for Duke Francesco Melzi d’Eril and today is still a private property. The project was given to the architect Giocondo Albertolli and the works were carried out between 1808 and 1810. The spectacular garden is open to the public for visiting. It was achieved by adapting the ground with terraces and rises, adding tropical and exotic essences, valuable sculptures among which stands the famous group with Dante and Beatrice, a Moorish temple and a Japanese pond. Even the “orangerie” is today transformed into a small museum and you can also visit the family chapel.

Villa Carlotta (Tremezzina, Italy)

The villa, the stairway and the landscaped garden were built for the Clerici family towards the end of 1600. Later it became property of Count Sommariva, who partially modified the style of it under neoclassical influence, and after that it passed to Princess Marianna of the Netherlands, who gave it to her daughter Carlotta as a wedding present. Inside there is a significant museum with statues, paintings and original neoclassical furniture, including valuable sculptures by Antonio Canova and canvases by Francesco Hayez. In the garden it is possible to admire trees and plants coming from every part of the globe: citrus arbors, mighty camellia hedges, austral arbor fern, palms, tropical plants, rare centennial conifers and bamboo collections. In springtime it is possible to see an incredible azalea flowering of which there are circa 150 varieties at the villa. From the gardens and the terraces of the villa the view looks out to the center of the lake, Bellagio, the Grigne and the Legnone.



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Villa del Balbianello (Tremezzina, Italy)

On the Lenno headland there is the breathtaking Villa of the Balbianello, built in 1700 on the orders of Cardinal Durini, incorporating an ancient monastery. Today it is property of the FAI (Italian National Trust). This is one of the most stunning corners of the lake. The wonderful panoramic lodge overlooks Bellagio and Comacina Island. There is a unique museum exhibiting the art collections and travel memoirs of the former owner, explorer Guido Monzino, who was passionate about expeditions and a man of great knowledge. In his will the villa was left to the Fondo per l' Ambiente Italiano (Italian Environmental Foundation) as a testamentary legacy. The garden is characterized by terraces and balustrades and accurately follows the shape of the rugged ground, formed by steep rocks in some points and milder, gentler slopes in others.

Isola Bella (Lake Maggiore, Italy)

Isola Bella is a place of splendor thanks to the recurrent blooming and the priceless architectural treasures that blends into a wonderful microcosm. Since when it was transformed from barren rock to a blooming garden, the island appears as a galleon floating on the blue waters of the Lago Maggiore as his founder, Vitaliano VI Borromeo, meant for her. Visiting this place allows you to live a normal day of a long-gone era. Here, the baroque boldly blends with the green architectures of the garden, creating a sight for sore eyes.

Hanbury Botanical Gardens (Ventimiglia, Italy)

The gardens were established by Sir Thomas Hanbury on a small, steep peninsula jutting southwards down into the Mediterranean Sea. In 1912 the Hortus Mortolensis, the catalogue of the garden, contained 5800 species, although the garden itself had more. The gardens were severely damaged in World War II and in 1960 Lady Hanbury sold them to the State of Italy, with responsibility passed to the University of Genoa. Restoration has been gradual since 1987 and the site was declared a nature preserve in 2000. In 2006 the Ministero dei Beni e delle Attività Culturali submitted a proposal for the inclusion of the gardens on the list of UNESCO World Heritage sites.

Today nine of the gardens' 18 hectares are under cultivation, and contain about 2500 taxa. Many of the species are plants of Mediterranean climates from the six Mediterranean climate zones of the world. Major collections include agaves, aloes, and salvia, palms, succulents, Australian trees, citrus, and cultivated flowers.

La Serre de la Madone (Menton, France)

For gardeners the world over, the greatest British legacy in this region of Europe are these subtropical gardens left by Lord Radcliffe's and Major Johnston. The garden was created in 1924-1939 by Lawrence Johnston, who had earlier created in Britain the celebrated Hidcote Manor Garden. It lies on a hillside in the Gorbio Valley, with a farmhouse to which Johnston added two large wings. Johnston traveled the world collecting plants, and La Serre de la Madone offered an excellent site for plants from subtropical regions. Over the years he created a series of terraces among old olive trees, planted and tended by twelve gardeners.



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The Villa Carlotta, Lake Como

The Exotic Gardens and the Observation Cave (Monaco)

This extraordinary garden, bringing together several million species of plants known as succulents was opened in 1933. With its bold plantings on the rocky mountainsides and steep craggy outcrops, the plants not only bloom superbly, but thrive to the delight of botanists and garden aficionados around the world. It is truly a unique kingdom of nature's exuberance... and 60 meters below ground, a prehistoric cave reveals its spectacular stalagmites and stalactites formed over millennia.

Beatrice Ephrussi de Rothschild's Villa and Garden (Saint-Jean-Cap-Ferrat, France): Managed by l'Académie des Beaux-Arts, the Villa is surrounded by nine magnificent gardens decorated with patios, waterfalls, ornamental ponds, flowerbeds, shady paths and rare species of trees. The gardens took seven years to complete, from 1905 to 1912. The site chosen for the Villa was not particularly conducive to the establishment of a garden and the creation of a landscaped park on this rocky promontory. Workers used dynamite and brought in enormous quantities of earth to make it flat. Hundreds of Italian workers were hired for these colossal excavation works. The Villa was left unmonitored during World War II and its garden was abandoned for two years and suffered serious damage. In 1945, they were rapidly restored to their pre-war splendor.



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KNOW BEFORE YOU GO!

Gardens, Concerts, Festivals and Events: If (for any reason) the organizers of a scheduled concert, festival or event cancel or postpone a planned activity with little or no notice, Earthbound Expeditions will do its utmost to secure a similar event or secure another concert(s). Strikes, unscheduled delays, lack of funds and acts of God are beyond the control of Earthbound Expeditions. Cancellation of an event, festival or concert is not cause for refund. Private garden visits are subject to change, due to owner availability or permission. If we are unable to visit one mentioned in the itinerary, a substitution will be found.

Hosted Journeys: If a host or special guest is unable to attend as planned, Earthbound Expeditions will do its utmost to find another host who has similar interests, talents expertise. The inability of a host to participate in a tour is not grounds for a full or partial refund.

Health Matters: It is the responsibility of each guest to be aware of their physical abilities or limitations, and to be in sufficient good health to undertake the trip. To make the most of your journey and participate in the various planned group activities, you should be able to be on your feet and walk unassisted for two to three hours (often over uneven cobblestones or pathways) with frequent standing. If you have questions about the physical requirements for your journey, please email or call our travel office. Any preexisting physical, mental, or emotional disability that may require attention must be reported in writing prior to the beginning the journey. Although it is not mandatory to participate in every planned and included group activity, not doing so isn't cause for a refund. For those desiring additional exercise, our trips allow free time to explore at your own pace. On boats, planes, ships and ferries, guests will need to be able to maneuver unassisted up and down gangways, stairs and in between decks. Smokers may smoke outside and downwind of the group.

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RESERVATIONS AND QUESTIONS

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